Degree Requirement Summary

Applied Nutrition
Master of Science
(Unofficial Document)

Required Core Courses for all specialties:

- **ALH 531** Applied Statistics for Health Professions .......... (3) _______
- **ALH 631** Research Methods in Allied Health ............... (3) _______
- **ALH 503** Medical Nutrition Therapy ....................... (3) _______
- **NTR 505** Advanced Nutrition .................................. (3) _______
- **ALH 507** Clinical Health Behavior Change ................. (3) _______
- **NTR 603** Nutrition Seminar ..................................... (3) _______
- **ALH 689** Master’s Project I ........................................ (3) _______

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<tr>
<th>Course Description</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Required Core Courses</td>
<td>21 credits</td>
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**Specialty Track I: Obesity and Eating Disorders**

- **ALH 501** Health Promotion and Disease Prevention .......... (3) _______
- **NTR 510** Adult and Pediatric Obesity ....................... (3) _______
- **NTR 512** Eating Disorders in Children and Adults .......... (3) _______
- **NTR 612** Sociology of Nutrition ................................ (3) _______

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<tr>
<td>Specialty Track I</td>
<td>12 credits</td>
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**Specialty Track II: Fitness and Sports Nutrition**

- **ALH 520** Exercise Prescription ................................ (3) _______
- **ALH 522** Fitness Psychology .................................. (3) _______
- **NTR 536** Exercise Physiology ................................... (3) _______
- **ALH 622** Sports and Fitness Nutrition ...................... (3) _______

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<tr>
<td>Pre-requisite</td>
<td>12 credits</td>
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This is a professional program, which was designed for those who already hold licensure as a Registered Dietitian as well as others in the health field who wish to expand their knowledge about nutrition or gain expertise in a specific area of nutrition. (Non-RD students may be required to take ALH 502 Nutrition, as a pre-requisite.)

In addition to the core courses, master’s candidates will complete four courses (12 credit hours) from one of the two specialty areas to complete the master’s degree (33 credit hours).

Note: This program does not offer a RD license, nor is it a route to obtaining RD status.

Revised
06/26/2014