



CULTURAL TIMES BULLETIN

(CTB)

OFFICE OF MULTICULTURAL PROGRAMS (OMP)
(Established in 1989)

To see previous CTBs, please go to:

www.canisius.edu/multi_cultural/bulletins.asp



008 Frisch Hall
(716) 888-2787

November 2010

November is Native American Heritage Month In Celebration

OMP is sponsoring a
**Native American Heritage Month
Cultural Quiz.**
Stop by OMP to pick up your copy today!
Deadline for entries is November 18th.

1st Place: \$50 American Express Gift Card
2nd Place: \$25 Galleria Mall Gift Card
3rd Place: Two (2) Movie Tickets

Soup with Substance Latino/a Heritage Month Speaker (sponsored by Chartwells and OMP)

by Lindsay Bender '13



Dr. Jill Koyama

On Wednesday, October 6th, I was fortunate to attend the Soup with Substance presentation in celebration of Latino/a Heritage Month. Dr. Jill Koyama, a sociocultural anthropologist from the University at Buffalo, SUNY spoke about the dilemmas that Latinos/as are facing in needing to show proper immigration identification in the United States. She was accompanied by UB doctoral student and native Chilean, Ana Luisa Munoz Garcia, who discussed her personal difficulties when trying to move to the United States for a better education.

After leaving the presentation, I was greatly captivated by how informed Dr. Koyama was. However, I fear that many students will forget about such horrible events going on, and never apply what they have learned from the presentation. Individuals must remember what is occurring throughout the country and act on what they would like to see changed in order for change to happen.



Attending the program in Regis South, from left to right: Dr. Terri Mangione, dean of students; Jonathan Montero '11, president of Latin American Students and Friends (LASAF); Ana Luisa Munoz Garcia; Dr. Jill Koyama; Dr. Ellen Conley, vice president for student affairs; and Sr. Patricia Brady, SSMN., director of service-learning. There were approximately 55 people in attendance.

by Carrie Burke MS '12

I really enjoyed the recent "Soup with Substance" event. It was interesting to hear Ana Luisa Munoz Garcia's account of being a Chilean woman studying in the United States. As she discussed the various stereotypes she had to confront daily, I thought a lot about how quick we can be to judge others based on where they are from and the assumptions we have about those places. I've also lived in a foreign country so I could relate to some of her struggles. The soup was a type of Mexican soup that I had never heard of before and it was delicious! It was a bit spicy and warmed me right up. I am looking forward to the next "Soup with Substance" event because I think it's a great way to have a thought-provoking discussion and learn a little bit about the world in an engaging way outside of the classroom.

Congratulations to Latin American Students and Friends (LASAF) and its New Advisor!

Dr. M Fernanda Astiz, associate professor in the adolescence education department, has been selected as the new advisor to the student club, LASAF. OMP wishes LASAF and Dr. Astiz a successful and productive academic year!



Coach Herman Boone by Tishana Daniel MS '12

On Tuesday, October 26th, I had the opportunity to witness in real life, "Remember the Titans" coach, Herman Boone.



Coach Boone and Tishana, in center.

Coach Herman Boone is a very motivational, inspirational, and hilarious man. I loved how he used humor to address the different racial situations that he explored. Even though he was funny, you could still capture the great points and advice that he was providing for everyone about leadership. One message that resonated with me from his presentation that I believe is of great significance is the idea of respecting everyone whether you like them or not. By having respect for others around us, we can better our relationships with others, as well as have an understanding for all of humanity.

(Program sponsored by Campus Programming and Leadership Development and the William H. Fitzpatrick Institute of Public Affairs and Leadership)

College: An Exciting, Yet Stressful Time by Charita Price MS '05

Counselor, Canisius College Counseling Center
College is a very exciting, yet stressful time for a young adult. Most stress is actually positive, serving to motivate us. However, like most things, too much stress can have negative implications. Trying to juggle academics, clubs and organizations, along with social and family life can be a definite challenge. Some students may become overwhelmed with feelings of depression and/or anxiety as a result of so many stressors. In fact, a recent study indicates that more college students are experiencing depression and/or anxiety than a decade ago.



The Counseling Center can be of assistance to students wishing to address symptoms of depression, anxiety, and other concerns. If you are concerned about your mental well-being, please contact the Counseling Center. You may also access our anonymous online screening program under the self-help section of our webpage (<http://www.canisius.edu/counseling/self.asp>). These screenings assess mental health-related concerns such as depression, anxiety, alcohol abuse, eating disorders, and several others. It is recommended that you print the results and bring them to the Counseling Center to review with a counselor. To make an appointment, call 716-888-2620, or stop by the office at 105 Bosch Hall.

All the best for a happy, healthy, academic year!

Canisius College MLK Awards

Canisius College would like to acknowledge a student and/or a non-student (faculty, staff, or administrator) who represent the ideals of Dr. Martin Luther King Jr. (MLK) and will soon be soliciting nominations for an award or awards to be presented at the Honors Convocation on May 20, 2011. The nominee(s) must demonstrate qualities promoting civil rights, human rights, social justice, non-violence, advocacy for the poor or racial harmony.

For more information, please go to: <http://www.canisius.edu/mlk/>



Alums in Focus

Risk & Reward

by John S. Kamoche '98



Throughout my experiences at Canisius College from 1994-1998, I spent a lot of time learning about the theoretical linkages between the words, risk and reward. In short—the greater the desired reward—the greater amount of risk you will have to take on. However, as you take on more and more risk to boost returns—the probability of failure goes up.

I selected Canisius to obtain a bachelor of science in finance because of its reputation for providing a rigorous, well-rounded education. The academics, internships, internal student assistance, involvement in student-led organizations, and exposure to alumni all helped me to get ready for a productive life after graduation.

After Canisius, I moved to New York City and eventually ended up working for a management consulting firm. After the terrorist attacks on the twin towers on 9/11, I joined the National Guard as an Army Engineer. In 2005, I launched a management consulting firm on my own that eventually crashed; however, I'm in the planning stages of a re-launch of the same firm with the goal of going "hot" by April 2011.

The only advice I have is for Black males. The difference in wealth between African Americans and other ethnic groups is depressingly stark. As men, we are responsible for bridging that gap. The only way to bridge that gap is for a certain percentage of Black males (at least 1 in 5) to focus on building small to large scale businesses over the next two generations (40 to 50 years). I wish I could give a happy pep talk about this heavy task, but that is not reality.

As for many Black men, we start out with the worst possible hand while starting off to bridge this wealth gap. We created none of this hot mess; we have just been born into it. We have limited or no access to capital, limited or no access to networks, fractured family structure, lack of generational wealth, and limited or no generational business know-how. Each of these obstacles will have to be dealt with one right after another. Between start and eventual success you may be met with failure, frustrations, loneliness, and setbacks. But all this can be overcome with time and grinding perseverance. Good luck!

Did you know Four African American Alumnae Serve on the Board of Directors of the Canisius College Alumni Association?



Lenora B. Foote-Beavers '92
Support Magistrate
Erie County Family Court

Janelle A. Minor '04, MS '06

Complex Director,
Cassety, Neumann
& Perry Halls &
Hotels
Buffalo State College
Former ALANA intern through
OMP and COPE



Lorenda D. Williams '99

Assistant Principal
Burgard High School
Former E-Board Member,
Afro-American Society



Detra M. Trueheart '99

Consultant for Trueheart Speaks Enterprises
Former Miss Buffalo and Miss Western New York



Greetings OMP Family,

As many of you may know, I was the graduate assistant for Multicultural Programs at Canisius College from August 2008 until May 2010. After graduating from Canisius, I took a position as an Area Coordinator in the Office of Housing and Residential Education at Vanderbilt University in Nashville, TN. In my current role, I oversee six residence halls, supervise a staff of 18 undergraduate and graduate resident advisors, and sit on a multitude of committees. I am learning much about the profession of higher education at Vanderbilt and consider myself to be truly blessed!



Jason Steinas MS '10

Though it has only been a few months since I was a student and graduate assistant at Canisius, I have spent some time reflecting on the many great lessons my mentors provided me. Canisius taught me patience, the art of listening, and relationship-building among other things. The rich tenets of Jesuit education have become a cornerstone in my approach and interactions with students, faculty, and staff at Vanderbilt. I hope all students at Canisius embrace the values and lessons they are currently being taught. For it is these lessons that will help make the world a more open, understanding, and loving place! I wish you well and again, thank you for everything, Canisius.

"... At the current stage of our national history there seems no need for any cultural group to lose its distinctiveness in order to get along with others or go along with others. Groups of persons can be authentically cultural and yet truly Catholic. We can be authentically cultural and yet truly American . . ."

An excerpt from Rev. Gregory Chisholm, S.J.'s presentation, "Mission, Identity, and Diversity," at the recent AJCU Conference on Multicultural Affairs.

A Jesuit's Perspective

Here is one of Canisius' Fr. George Restrepo's favorite quotes from G. K. Chesterton:

"The Christian ideal has not been tried and found wanting; it has been found difficult and left untried."



Rev. George Restrepo, S.J.

Join OMP for its annual Holiday Celebration



Wednesday

December 8, 2010

in OMP, Tunnel in Frisch, Room 008

from 1 PM - 3 PM

Join us for a celebration

and sharing of

food, fun and friends

Student Door Prizes, too!



The Cultural Times Bulletin is published
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Canisius College is one of 28 Jesuit colleges in the nation and the premier private college in Western New York. Canisius prepares leaders - intelligent, caring, faithful individuals - able to promote excellence in their professions, their communities and their service to humanity.