What types of situations can I call the Medical Help Line about?

- Help with urgent medical needs
- Medical questions and advice relating to conditions such as heart disease, asthma or diabetes
- Explanation of common surgeries and procedures
- Advice for situations like a child’s fever or non-emergency injury
- Discussion of symptoms and choosing appropriate care
- Drug interactions and side effects
- General health and wellness issues
- Nutrition and dietary advice
- Stopping smoking

Treatment Decision Support

Registered nurses can also help you learn more about treatment and procedure options related to a certain diagnosis (see “Treatment Decision Support” at right), and provide information to discuss with your doctor when deciding what’s best for you.

Always keep your doctor informed of any changes to your health.