



March 15-21, 2009

Some sites have varying dates

Application

Applications are due in Campus Ministry (OM 207) by Friday, December 5.

Name: _____

Local address: _____

Home/room phone: _____ Cell phone: _____

Email address: _____

Gender: M or F Graduation year: '09 '10 '11 '12 Grad

T-shirt size: _____

ID#: _____ Age you will be on March 15, 2009: _____

Academic major: _____

**Please rank your site placement choices. Note the different departure and return dates!
(Site descriptions are attached)**

_____ The Catholic Worker Farm in Spencer, WV (March 14-20, 2009)

_____ Christian Appalachian Project (CAP) in McKee, KY (March 15-21, 2009)

_____ Glenmary Farm in Vanceburg, KY (March 15-21, 2009)

_____ Benedictine Community in Erie, PA (March 15-21, 2009)

_____ Harper's Ferry National Parks Service in Knoxville, MD (March 15-21, 2009)

_____ Ignatian Family Teach-in on Immigration in Washington D.C. (March 13-21, 2009)

Please give a *typed* response to the following questions on a separate sheet of paper:

1. Please describe how your life experiences show that you are ready to enter into the four cornerstones.
2. Have you participated on other service-immersion trips or projects before? If so, please list them.
3. Why do you want to participate on this year's ASB trip?
4. Do you feel called to go to a particular site? If so, why?
5. Would you be open to traveling to a different site? If so, please list and explain.

****Please remember to fill out and sign the back of this application as well!****

Requirements for Alternative Spring Break

Please check off the following statements to signify that you have read and understand them.

MONEY

- I understand that each participant is responsible for securing \$285 toward the cost of ASB.
- I understand that, although Campus Ministry will help me fundraise this cost and that there is scholarship help available, ultimately I am responsible for the full cost of this trip.
- I understand that there is a \$35 deposit due on Friday, January 23. Failing to pay this symbolically says that I am not committed to this trip and threatens my ability to continue on this team.
- I understand that if I am struggling to raise money and need scholarship help, it is my responsibility to be pro-active and approach Sarah to learn about my options. My silence threatens my chances of receiving scholarship help.
- I understand that all money turned in to Campus Ministry is **non-refundable**.

PREPARATION

- I understand that if selected, I am **required** to attend the following preparatory meetings:
Mark your calendars!!!
- Choose ONE: Introductory meeting on either Monday, January 19 at 9pm OR Tuesday, January 20 at 5pm.
Both meetings will be held in the Undercroft (basement) of Christ the King Chapel.
- Sunday, February 1 from 8:30am-1pm (2 shifts) in Grupp: ASB Pancake Breakfast Fundraiser.
- February: Individual site meeting: determined by site leader.
- Sunday, March 1 at 8-10:30pm in the Undercroft: All-participant meeting and mass blessing.
- Saturday, March 7: 8:45am-3pm: All-participant Buffalo Plunge.

*I understand that if I fail to participate in the preparation process leading up to this trip, I may be dismissed from my team by Campus Ministry and none of my fundraising money will be refunded.

COVENANT OF PARTICIPATION

- I will not seek to bring my ways, my food, my language or my mentality to the people I encounter, but rather seek to experience the richness of what is theirs
- I will cultivate a positive outlook, realizing that cultural conditions may be more harsh and less comfortable than those I am used to at home
- I will be open and honest with other community members and willing to share part of my life with them.
- I will take part in the team's activities, including meetings before we arrive, while we are there, and when we return
- I will share my experiences, both good and bad, during regular reflection sessions
- I will not make decisions that affect the group or the program independently of the team leaders

Placing your name after this statement indicates that you have read, understood,
and agreed to abide by all of the above.

Name:

Date:

ASB 2009 Information

About the trip:

Alternative Spring Break (ASB) trip is the longest running service-immersion program at Canisius. Campus Ministry has offered this unique alternative to a traditional spring break for 18 years. In the spring of 2008, 55 Canisius students and staff members traveled to sites in rural Appalachia located in Kentucky and West Virginia. A group of students also traveled to the Benedictine Community in Erie, PA.

This year, ASB participants will be traveling throughout Appalachia, Washington D.C. and to Erie, PA to spend one week doing a variety of service work including home repair and construction, tutoring, working with the elderly, learning about and educating for immigration, and trail construction. Read the attached site description form to get a better idea of what individual sites will offer for service and accommodations.

ASB is based on four cornerstones: community, simplicity, reflection, and social justice. ASB participants will go through a variety of pre and post-trip meetings to learn more about the regions in which they will be working in. On-site accommodations and food will be simple. Reflection and prayer will be part of the daily routine during the preparation process and the trip.

Criteria for acceptance:

- Commitment to the four trip cornerstones: community, social justice, reflection, and simple living.
- Participation in all preparatory meetings as listed below.
- Students going on an international service-immersion trip and who are interested in attending ASB, will need to set up a meeting with Lu Firestone and Sarah Signorino to discuss the practicality of doing both trips.

Trip cost:

- Each participant is responsible for securing a total of \$285.
- Participants will participate in a variety of fundraising activities such as letter writing, t-shirt sale, and pancake breakfast.

Timeline:

- Friday, December 5: ASB applications are due in Campus Ministry (OM 207).
- Monday, December 8: Students are notified of their acceptance.
- Tuesday, December 9 from 5-6pm: Cookies and cocoa in OM 219.
- Choose ONE: Introductory meeting on either Monday, January 19 at 9pm OR Tuesday, January 20 at 5pm. Both meetings will be held in the Undercroft (basement) of Christ the King Chapel.
- Friday, January 23: \$35 deposit is due by 5pm to Campus Ministry (OM 207).
- Sunday, February 1 from 8:30am-1pm in Grupp: ASB Pancake Breakfast Fundraiser.
- February: Individual site meeting: determined by site leader.
- Friday, February 20: \$125 (\$160 total including deposit) is due by 5pm to Campus Ministry.
- Sunday, March 1 at 8pm in the Undercroft: All-participant meeting and mass blessing.
- Friday, March 6: All money is due (\$285 total) by 5pm to Campus Ministry.
- Saturday, March 7: 8:45am-3pm: Buffalo Plunge.

Questions can be directed to:

- Campus Minister Sarah Signorino (Om 215), 716-888-2424 or signoris@canisius.edu
- The Office of Campus Ministry (OM 207), 716-888-2420 or campmin@canisius.edu
- Any of the student leadership team:
 - Josie Diebold (dieboldj@canisius.edu)
 - Brian Fluharty (brian.fluharty@canisius.edu)
 - Sylvia Kowalski (kowalsks@canisius.edu)
 - Meghan Nieland (nielandm@canisius.edu)
 - John Ewell (ewellj@canisius.edu)
 - Matt Calvert (calvert1@canisius.edu)

Alternative Spring Break 2009 Site Descriptions

CHRISTIAN APPALACHIAN PROJECT (CAP) McKee, Kentucky *March 15-21, 2009*

(Web: www.chrisapp.org)

(Web: <http://www.christianapp.org/volunteer/workfest.shtml>)

In a few words, CAP's WorkFest is about "Faith in Action." College students from around the country gather at one of two work sites in Eastern Kentucky to build and repair homes for Appalachian families. During the day, the student work crews will participate in construction activities such as shingling roofs, hanging dry wall, building wheel chair ramps, installing windows/doors, and much more. In the evenings, the group will meet as a community to learn more about the Appalachian culture and participate in activities with local residents. Some evening activities include listening to Appalachian story tellers or folk music and learning more about rural Appalachia.

BENEDICTINE COMMUNITY Erie, PA *March 15-21, 2009*

(Web: <http://eriebenedictines.org/Pages/GOODWORKS/goodworks.html>)

At the Benedictine Community in Erie, volunteers will be working in inner-city ministries that include recreation for disabled adults, a children's art house, children's day care, working with the elderly, serving at soup kitchens and more! Participants will stay at the Benedictine monastery and live with the sisters. Evenings will be spent reflecting on justice, service, and what we can do to truly make a difference.

NATIONAL PARKS SERVICE at HARPER'S FERRY Knoxville, MD *March 15-21, 2009*

(Web: <http://www.nps.gov/hafe/supportyourpark/community-service-projects.htm>)

(Website for hostel: <http://www.harpersferryhostel.org/>)

Harpers Ferry is located by the Potomac and Shenandoah rivers in the states of West Virginia, Maryland and Virginia. Participants will be staying at a hostel in Knoxville, MD and working for the National Parks Service in Harper's Ferry. Participants will have the opportunity to learn more about the National Parks Service and the history behind Harper's Ferry. Service will be working with the National Parks Service on park renovations and upkeep.

IGNATIAN FAMILY TEACH-IN ON IMMIGRATION Washington, D.C. *March 13-21, 2009*

(Web: <http://www.igantiansolidaritynetwork.org>)

The Ignatian Solidarity Network will revisit the immigration issue for a second time at their annual spring teach-in. The teach-in will focus on building on the experiences and action steps taken by schools since last year's LA conference, develop a year long agenda of work on a specific issue, and work together in a new geographical region with institutions and parishes that were not able to travel to Los Angeles. The three day teach-in will be followed by a day of lobbying with students from other Jesuit high schools, colleges, and universities. Participants will remain in D.C. for an additional four days to work with immigrants and hear more about immigration reform.

THE CATHOLIC WORKER HOUSE Spencer, WV *March 14-20, 2009*

(Web: <http://www.giftoftears.com/service.html>)

The Catholic Worker's unique service program includes much more than just the swinging of hammers. Through hard work, simple living, a field trip to coal country, social analysis, evening reflections, and the ropes course, you will be experiencing Catholic social teaching first hand. Participants will be staying in a rustic log house, conserving natural resources, working on projects around the farm, learning about Catholic social teaching, and experiencing true Appalachian culture.

GLENMARY FARM Vanceburg, KY *March 15-21, 2009*

(Web: <http://www.glenmary.org/farm/default.htm>)

The Glenmary Farm gives participants a firsthand experience of missionary service. Each week-long session is a retreat-like mission immersion blending the values of service, culture, prayer, reflection, and sharing in an environment of simple living. Volunteers come not only to serve, but also to learn about the rich culture and traditions present in this Appalachian region. It aims to broaden volunteers' understanding of the causes of poverty, oppression and injustice—and how their life choices can impact these issues. Volunteers are divided into small work units for the week. The teams go into the county to work sites including a nursing home, a rummage store, a daycare center for developmentally disabled adults, and building and renovating housing for the poor.