



Basic Energy Saving Tips: Curtains to CFL Bulbs

In Your Room:

- Use compact fluorescent bulbs to save energy and cut pollution.
- Turn off the lights when you leave the room.
- Use a desk lamp – why light the whole room to read a sheet of paper?
- Close the windows. No need to open the windows with the heat on.
- Close curtains or blinds when it's hot and open them when it's cold.
- Don't block your radiator with furniture.
- Always print double sided. Submit assignments electronically when possible.
- For three copies or less, use the printer; for more, use a copier.
- Write on the back of paper, and when it can't be used anymore, recycle it!
Recycling paper reduces water use by 60%, energy by 70%, and cuts pollution in half!
- Buy items you know you'll use in bulk to save packaging.
- Use environmentally-friendly cleaning products.
- Unplug chargers for your phone and Mp3 players when not in use.
- Use rechargeable batteries for handheld games and cameras.
- Choose reusable travel cups instead of disposable paper or plastic cups.
- Put your computer in sleep or hibernate mode when you aren't using it. Turn it off if you won't use it for a long time.

Shut It Off!

Did you know that many appliances use energy even when shut off? Compare some everyday appliances.

- Laptop: 327 watts starting up; 15 watts sitting idle.
- Dell monitor: 50 watts when turned on, even if computer (CPU) is off.
- Dell CPU: 3 watts when shut off; peak of 61 while starting up; 33 while idle; 27 in "standby."
- iMac flat screen: Peak of 67 watts starting up; 46 sitting idle; drops down to 4 when in "sleep."
- Cordless phone/answering machine: 3-6 watts.
- Cell phone charger: 1-6 watts.
- Computer speakers: 3 watts when turned off!
- Stereo: 3 watts when off; 7 watts when listening to the radio; 10 when playing a CD.

What can you do? Unplug it when you're not using it!

A decorative border of orange and yellow sun icons surrounds the text. The suns are arranged in a grid-like pattern, with some overlapping at the corners.

In the Bathroom & Other Common Areas:

- Don't let the water run while brushing your teeth and washing your hands.
- Use cold water when washing clothes by choosing “bright colors” on the washing machine. This conserves natural gas.
- Wash and dry full loads of clothing and clean lint filters after each use.
- Limit your shower to five minutes. Reducing shower time by one minute can save 1,000 gallons of water a year!
To really save water, you can turn off the water in your shower while you soap up and then turn it back on to rinse off!
- Use a cloth towel to dry your hands and you will save trees and water and reduce chemicals.
- DO not use toilets as a trashcan. Each time you flush trash down the toilet, you waste up to save gallons of water.
- Turn off everything while you are gone for school breaks and weekends.
- Remember to turn off electrical equipment and lights in common areas when you leave.
I.E. radios, televisions, gaming systems, fans,
- Report energy waste, leaky faucets and running toilets by filling out a maintenance work order.

http://www.canisius.edu/reslife/work_order.asp

SOURCE: PaperClip Communications – The Campus Sustainability Series.
Going Green in Residence Life: Putting Your Operation in Line with Sustainable Practices.