

# Congratulations Frisch!

Enjoy your Energy Sustainability Competition prize,  
compliments of Project Conservation.  
Stress less a bit today to prepare for the final stretch!

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- Frisch 1**     **Pizza Parlor**     **4pm**  
Grab a slice of cheese or pepperoni pizza for dinner.  
First come/first served at 5pm.
- Frisch 2**     **Coffee Shop**     **3pm-6pm**  
Enjoy a complimentary cup of coffee or tea with relaxing coffee  
house music.
- Frisch 3**     **Build Your Own Sundae**     **4pm**  
Have dessert first! Remember what it was like as a kid again to build  
the best sundae ever. Be creative with different toppings.
- Frisch 4**     **Massage Center**     **4pm-7pm**  
Relax with a massage from professional masseuses from Spa Go.  
Sign up for a time slot in the Frisch 4 Lounge.
- Frisch 5**     **GAME ZONE**     **3pm-6pm**  
Stressed? Zone out at the Game Zone with a board game or gaming  
system.
- Frisch 6**     **Creative Corner**     **3pm-6pm**  
Express your creativity with coloring books, finger painting, and a  
make your own stress ball station. Sit for a quick portrait from a  
professional caricature artist.