Canisius College Counseling Center

Virtual "Drop-In" Hours
Mon-Fri 3pm-4pm

Privately zoom with one of our counselors

An informal & confidential consultation

Reasons to "Drop-in"
- anxiety from COVID-19
- stress
- financial problems
- relationships
- worry
- academic performance
- sadness
- family problems

1. Open Zoom on your computer or phone
2. Enter meeting ID: 249-650-6576
3. Privately connect with one of our counselors

No appointment necessary

First-come, First-Serve Basis