NEW STUDENT
Orientation
Ignite your Mind, Body & Spirit

2019 Student Schedule
Welcome to Canisius College!

We are delighted and honored that you have chosen to embark on your college career at Canisius College. After a lengthy process of research and discovery, you have found your place with us and our faculty and staff stand eager to support you on your journey and help you achieve all of your goals.

As you begin to immerse yourself, much of what you will find here rests deeply in our Catholic, Jesuit tradition and in an educational philosophy that emphasizes cura personalis – care for the whole person – body, mind, and spirit. At Canisius, your educational experiences will be transformative and closely guided by faculty, peers, and distinguished alumni and leaders in the community. We promise that your time at Canisius will challenge you, inspire your intellect and stimulate your curiosity. Opportunities for service, scholarship, and leadership are abundant. Take advantage of them to realize the full value of a Canisius education.

We understand that you may arrive today with as much trepidation as excitement. For many, this is your first time away from home. For some, Buffalo is a new city that feels strange. All of this anticipation is part of your personal journey, but even with some uncertainty, there are a few things you can expect:

• Academics are demanding at Canisius. You will work hard but you will learn and grow in ways that you never imagined possible.
• You will have fun and develop friendships that will last a lifetime.
• You are not alone. You are surrounded by faculty, staff, and peers that care about you and your success.
• You have entered a circle of alumni, friends, and members of the Buffalo community that will help you realize your potential.

Our orientation program is designed to give you the tools that you will need to set you on the right course.

Know that you are a special class of new students for Canisius. You are joining us at a historic time when we celebrate our 150th Anniversary. On September 5, 1870, Canisius first opened its doors in a small, two-story structure in downtown Buffalo. Throughout this year, we will honor the legacy and traditions that have shaped our reputation for excellence and celebrate our future –YOU! It is our students who challenge us to innovate, inspire the search for truth and justice in the world, and invigorate the life of the college.

You are warmly welcomed into this legacy of leadership. Each of you comes to Canisius with your own strengths and talents and we are grateful that you have chosen to grow and share them here with us.

May God bless you on the journey you begin today!

John J. Hurley
President
<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 - 11:00</td>
<td>Resident Move In</td>
<td>Bart Mitchell Quad</td>
</tr>
<tr>
<td>9:00 AM - 12:00 PM</td>
<td>Student Services Fair</td>
<td>Grupp Fireside Lounge/Regis Room</td>
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<tr>
<td>9:00 AM - 12:00 PM</td>
<td>New Student Orientation Check In</td>
<td>Student Center Lobby</td>
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<tr>
<td>10:00 - 10:45 AM</td>
<td>Athletics 101 (for Division I athletes and families)</td>
<td>Montante Cultural Center</td>
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<tr>
<td>10:00 - 10:45 AM</td>
<td>Intro to GRIFF 201: Transfer Student Crash Course</td>
<td>Horan-O’Donnell 107</td>
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<tr>
<td>11:30 AM</td>
<td>Mass (optional)</td>
<td>Christ the King Chapel</td>
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<tr>
<td>10:30 AM - 12:00 PM</td>
<td>Lunch</td>
<td>Dining Hall</td>
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<tr>
<td>12:15 - 1:15 PM</td>
<td>College Crossroads: Finding Your Way to Success at Canisius and Beyond</td>
<td>Montante Cultural Center</td>
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<tr>
<td>1:30 - 2:30 PM</td>
<td>Building a Canisius Blue and Gold Community</td>
<td>Demske Field</td>
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<tr>
<td>2:30 - 2:45 PM</td>
<td>Fueling Stations: Snacks &amp; Refreshments</td>
<td>Patrick Lee Center</td>
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<tr>
<td>3:00 - 4:00 PM</td>
<td>President’s Welcome &amp; Blessing</td>
<td>Koessler Athletic Center</td>
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<tr>
<td>4:15 - 5:15 PM</td>
<td>Class Photo on the Field</td>
<td>Demske Field</td>
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<tr>
<td>5:15 - 5:45 PM</td>
<td>Orientation Leader Moments: Guided Conversation &amp; Reflection</td>
<td>Demske Field</td>
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<tr>
<td>6:00 - 7:30 PM</td>
<td>Dinner</td>
<td>Dining Hall</td>
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<tr>
<td>7:30 - 8:15 PM</td>
<td>Floor Meetings for all Resident Students</td>
<td>Various</td>
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<tr>
<td>7:30 - 8:15 PM</td>
<td>Commuter Students Meet &amp; Greet</td>
<td>Palisano Pavilion</td>
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<td>8:30 PM</td>
<td>Griff Flix: Movie in the Quad</td>
<td>Bart Mitchell Quad</td>
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<tr>
<td>8:30 - 9:15 AM</td>
<td>Breakfast with your Orientation Leaders</td>
<td>Palisano Pavilion</td>
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<tr>
<td>9:30 - 11:50 AM</td>
<td>Ignite your Mind, Body &amp; Spirit: Interactive Workshops</td>
<td>Groups 1, 4, 7, 10, 13, 16, 19</td>
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<td></td>
<td>Cura Personalis: Caring for the Griff in You</td>
<td>Regis: Groups 2, 5, 8, 11, 14, 17, 20</td>
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<td>Being Men &amp; Women for and with Others</td>
<td>Grupp Fireside Lounge: Groups 3, 6, 9, 12, 15, 18, 21</td>
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<td>Magis / the Canisius Connection</td>
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<tr>
<td>12:00 - 1:00 PM</td>
<td>Lunch</td>
<td>Montante Cultural Center</td>
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<tr>
<td>1:15 - 1:45 PM</td>
<td>Introduction to Academic Life at Canisius</td>
<td>Various</td>
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<tr>
<td>2:00 - 2:30 PM</td>
<td>Meet with your Academic Department</td>
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<td>2:45 - 3:15 PM</td>
<td>Explore Other Academic Departments</td>
<td>Montante Cultural Center</td>
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<td>3:30 - 5:00 PM</td>
<td>Get Out of Your Bubble: Discussion on Diversity &amp; Social Justice</td>
<td>Various</td>
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<td>5:00 - 7:00 PM</td>
<td>Dinner</td>
<td>Dining Hall</td>
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<td>6:00 - 11:00 PM</td>
<td>Commuter Students: Buffalo Bisons Game</td>
<td>Sahlens Field</td>
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<td>7:00 - 8:00 PM</td>
<td>Resident Students: Policy Meetings</td>
<td>Residence Halls</td>
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<td>8:00 - 10:00 PM</td>
<td>Gaming After Dark with FUSION</td>
<td>Palisano Pavilion</td>
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<tr>
<td>8:00 - 8:30 AM</td>
<td>Wake up your Spirit through Yoga &amp; Prayer (optional)</td>
<td>Main Quad</td>
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<tr>
<td>8:30 - 9:30 AM</td>
<td>Breakfast with your Orientation Leaders</td>
<td>Dining Hall</td>
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<tr>
<td>9:30 - 10:30 AM</td>
<td>Step Up Griffs</td>
<td>Palisano Pavilion: Groups 1, 4, 7, 10, 13, 16, 19</td>
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<tr>
<td>10:45 AM</td>
<td>Respect for Self and Others</td>
<td>Montante Cultural Center</td>
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<td>12:00 - 1:00 PM</td>
<td>Lunch</td>
<td>Dining Hall</td>
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<td>1:00 PM</td>
<td>Griffchella 2019</td>
<td>Bart Mitchell Quad</td>
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<td>1:00 PM</td>
<td>Volleyball Exhibition Game vs. West Virginia University (optional)</td>
<td>Koessler Athletic Center</td>
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<tr>
<td>5:00 - 7:00 PM</td>
<td>Dinner</td>
<td>Dining Hall</td>
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<tr>
<td>7:00 - 8:00 PM</td>
<td>Orientation Leader Moments: Guided Conversation &amp; Reflection</td>
<td>Various Assigned Locations</td>
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<td>8:00 - 9:00 PM</td>
<td>Dale K – Hypnotist</td>
<td>Montante Cultural Center</td>
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<tr>
<td>9:00 - 11:00 PM</td>
<td>Lip Sync Battle</td>
<td>Palisano Pavilion</td>
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10:30 AM - 1:00 PM  Brunch  Dining Hall
1:00 - 4:00 PM  Intramural Mania  Patrick Lee Center
2:00 - 4:00 PM  Athletics Meeting for Varsity Athletes  Montante Cultural Center
(required meeting for all NCAA Varsity Athletes)
2:00 - 3:30 PM  Mandatory Meet Your Mentors Event for All-College Honors Students  Grupp Fireside Lounge
(required for All-College Honors students)
4:00 PM  Women’s Soccer Home Opener Game vs. Hampton University  Demske Field
4:30 - 7:00 PM  Dinner  Dining Hall
6:30 PM  Mass on the Grass  Main Quad
8:00 PM  Bonfire  Bart Mitchell Quad
THURSDAY, AUGUST 22

**Resident Student Move In**
With the assistance of campus community members, moving is as easy as 1, 2, 3! New students will move into their residence halls as a first step of the day.

**New Student Orientation Check In**
Start New Student Orientation off right by stopping at the registration table to pick up your orientation packet! You will receive a Canisius College t-shirt that we ask all students to wear to the President’s Welcome and Blessing and the Class Photo scheduled for today.

**Student Services Fair**
From purchasing parking passes to asking questions about your health record requirements— meet and mingle with various academic resources and student service areas from across campus that are here to help with your transition to college.

**Athletics 101: Panel Discussion**  
(for D1 student-athletes & their families, by invitation only)
All new Division I intercollegiate student-athletes and their families will have an opportunity to participate in a discussion held by administration and support staff from the Athletics Department who will provide important information about Canisius Division I Athletics, as well as answer any questions that may arise about the program. Topics to be addressed include: compliance, academic support services, athletic training, athletic communications, financial aid, and more.

**Intro to GRIFF 201**  
A Transfer Student Crash Course
All transfer students are asked to listen to academic administrators as they highlight GRIFF 201 and its importance to an easy Canisius transition!

**College Crossroads: Finding Your Way to Success at Canisius & Beyond**
What does it take to make your first year and all of your years at Canisius the best they can be? How do we keep the right mindset to take on the challenges of college and reach our full potential? Our inspirational keynote speaker, Ed Gerety, will give you the ideas and strategies to do just that. Ed is one of the top professional motivational speakers and leadership trainers in the country and he has worked with Jesuit Colleges for over 20 years.

**Building a Canisius Blue and Gold Community**
An interactive, fun, team-building activity facilitated by Dr. Clancy Seymour, Assistant Professor of Kinesiology at the College, where all students can experience and celebrate being part of the Canisius Community.

**President’s Welcome & Blessing**
In the Ignatian spirit and tradition of going forth and setting the world on fire, join us as the College community comes together for an official welcome from John J. Hurley, President of Canisius College and a fellow Griffin, and a blessing for our students and their families. Students are asked to wear their Canisius College t-shirt received at check-in.

*Parents and families: this signifies the end of your program. We wish you safe travels back home!*

**Smile: You’re A Griff Now! — Class Photo**
Join all the new students entering Canisius in the Fall of 2019 as we come together for a class photo on Demske Field. The aerial photo will be taken by a drone and will be a great memory of your first day as a Golden Griffin!

**OL Moments: Guided Conversation & Reflection**
Get to know your orientation group and orientation leaders! Orientation Leader (OL) Moments are a great opportunity to get to know other students.

**Floor Meetings for All Resident Students**  
(Required)
Get to know your floor! Take this time to interact with other residents and become familiar with those living within your community. Your Resident Assistants (RAs) will facilitate these meetings.

**Commuter Student Meet & Greet**
Join your fellow commuter students and the Commuter Student Association to play games, ask questions, and meet other commuter students!

**Griff Flix**  
in the Quad, featuring Captain Marvel!
Check out our “Griff Flix” movie under the stars! Bring your blankets and pillows and we will supply the popcorn and candy! The movie for this evening will be Captain Marvel.
FRIDAY, AUGUST 23

Breakfast with the Orientation Leaders
Come to breakfast and look for your orientation group! Your OLs will have signs on the table for you to sit together after grabbing your breakfast.

Ignite your Mind, Body, and Spirit
Interactive Workshops
Engaging, interactive workshops tailored to the Canisius experience that highlight the Jesuit core values and explain what it means to attend a Jesuit institution. Hear from various faculty and staff members as they facilitate the workshops and provide their personal reflections on our shared values.
- Cura Personalis: Caring for the Griff in You
- Being Men & Women For and with Others
- Magis — the Canisius Connection

Introduction to Academic Life at Canisius
Academic excellence is the key to success. Learn how to develop the mindset and behaviors necessary to advance your critical thinking skills and expand your learning both inside and outside of the classroom. This session is presented by Dr. Barbara Porter, Associate Dean in the College of Arts and Sciences.

Meet with your Academic Department
Meet with faculty members within your academic department and learn more about requirements for your major, courses offerings, internship and service opportunities that can help you achieve success. Refer to the handout in your Orientation folder or on the Corq application for this session to view the list of room locations for each major.

All business majors attend a 2:00pm session by Wehle School of Business Dean, Dr. Denise Rotundo, in Montante Cultural Center before moving on to their major session at 2:45pm.

Explore Other Academic Departments
Ideal for undeclared students still exploring majors and for students interested in a second major or minor. Explore these options by attending an academic department session in addition to your current major. Business majors attend their major session during this time. Refer to the handout in your Orientation folder or on the Corq application for this session to view the list of room locations for each major.
Get Out of Your Bubble
Discussion on Diversity & Social Justice

Gain awareness of the unique background, characteristics, and perspectives that each individual student brings with them to Canisius College. Our presenters for this program travel the country to inspire college students on ways they can be proactive in connecting, engaging, and learning from their new community members.

Commuter Student – Friday Night Bash at the Ball Park: Buffalo Bisons Game at Sahlen's Field

Cheer on the Buffalo Bisons as they take on the Pawtucket Red Sox and end the night with a fireworks display! (Advanced Registration Required on Canisius Life). Students will meet at the St. Peter Canisius Statue in the Main Quad to take the NFTA Metro Rail downtown together.

Resident Students: Mandatory Policy Meetings

As you become familiar with Canisius, it’s important for you to understand the conduct rules and expectations so we can all live in a safe and welcoming community. Meet with your RAs in your floor lounge and learn what you need to know about being a resident student and the Canisius College Community Standards.

Gaming After Dark with FUSION

Join Canisius’ own Fusion Gaming Society for a fun filled evening of board games, video games, and raffle prizes! Regardless of your gaming level, check out what this student club has to offer!
**Wake Up Your Spirit through Yoga & Prayer**
At Canisius, we hope to awaken all facets of your life: mind, body and spirit. We will pump up your spirit with exercises, both physical and spiritual, to help you start the day with mindfulness, energy and excitement. Presented by Sierra Bonerb, Associate Director of Support Services in the Griff Center and trained Yoga Instructor, and Mike Hayes, Director of Campus Ministry.

**Step Up Griffs!**
**Sexual Assault Bystander Intervention program**
Canisius is committed to creating a community based in *cura personalis*, or Care of the Whole Person. We are committed to taking care of each other. Bystanders, those who are witnesses, are in ideal positions to intervene to prevent sexual assault. Our Step Up Griffs! Program encourages students to assume personal responsibility when they are bystanders to a potential sexual assault. This program raises awareness of helping behaviors and works to increase motivation to help. Our goal is to develop bystander intervention skills and to increase students’ confidence to prevent a sexual assault from occurring. Students will be required to swipe their ID cards prior to the start of this session.

**Respect for Self and Others**
Canisius community members play an important role in keeping our community safe while fostering healthy relationships with one another. Building upon the information provided during Step Up Griffs, this mandatory session for all new students will review student responsibilities surrounding the Canisius College Community Standards and NYS Enough is Enough legislation. Presented by Kathleen Brucato, Associate Dean of Students & Title IX Coordinator; Mark Piatkowski, Associate Director of Student Life; & Kim Beaty, Director of Public Safety. Students will be required to swipe their ID cards prior to the start of this session.

**Griffchella 2019**
Griffchella 2019 is more than just a party – it is an experience – Canisius style! Enjoy an entertaining afternoon that is sure to deliver fun in the sun through music, art, photo booths and — of course — food trucks!

**Griff Quest!**
Ready to Explore? Team up with some peers and download the Goosechase app to receive clues and challenges that will test your knowledge of your new home, to make sure you’ve got the lay of the land. Teams with the highest score and are the first to finish will receive prizes during the Lip Sync Battle this evening!

**Volleyball Exhibition Game vs. West Virginia University**
Cheer on your Golden Griffin Division I Women’s Volleyball Team as they take on the West Virginia Mountaineers in an exhibition game at the Koessler Athletic Center!

**OL Moments: Guided Conversation & Reflection**
Connect back with your orientation group and OLs to reflect upon your experiences from the day.

**Dale K... Almost Evil Comedy Hypnotist**
Not your average hypnotist! Dale K’s wacky, physical comedy combined with his electrifying personality will create huge laughs and great fun. Audience participation is a must!

**Lip Sync Battle!**
Brace yourself for an epic evening of discovering your classmates’ hidden talents! Orientation Groups will have the opportunity to perform musical skits prepared throughout the weekend with one another. Sit back, relax, and enjoy a memorable evening of performances!
All events this day are optional, with the exception of meetings for Division 1 Varsity Athletes and All-College Honors students, but attendance is strongly encouraged for everything! The evening’s activities are a wonderful campus tradition that we invite all of our Canisius students, upperclass students included, to attend each year. Join us!

**Intramural Mania**
Looking to get some time on the court? Head down to the Patrick Lee Center inside of the Koessler Athletic Center to play a game! Come prepared to play basketball, volleyball, or just cheer on your peers.

**Athletics Meeting for Varsity Athletes**
All Division 1 Varsity Athletes are required to attend this meeting with the Athletics Department.

**Meet Your Mentors**
Meeting for All-College Honors Students
All students enrolled in the All-College Honors program are required to attend.

**Women’s Soccer Home Opener Game vs. Hampton University**
Cheer on your Canisius College Golden Griffins as they play their home opener game on Demske Field!

**Mass on the Grass**
A longstanding Canisius tradition, join us for the first mass of the academic year outside of Christ the King Chapel.

**Bonfire**
Each year the Office of Student Life hosts a bonfire to kick off start of the school year! Join us for a fun evening with ice cream, music, and a whole lot of school pride!
Cura personalis (kuˈɾa pürˈsənl-əlis), noun
[Latin] 1. care for the whole person
2. a focus on your mind, heart, soul and body
3. a holistic approach to education at Canisius

CORE VALUES & JESUIT IDEALS:

Being Men and Women for and with Others
Provide opportunities for individuals to define their own identity while understanding their interconnectedness to a global society.

Finding God In All Things
Provide opportunities for individuals to search for and find God in their daily lives.

Living AMDG (Ad Majorem Dei Gloriam)
Provide opportunities for individuals to explore personal continuous quality improvement.

Creating a Passion for Academic Success
Provide opportunities for individuals that promote transformative lifelong learning.

Ignite your Mind, Body & Spirit